



## **Mentor STEM Leaders Program (September - December 2015)**

WISE Ottawa and the Women in Leadership Foundation (WIL) have partnered to bring women pursuing studies in Science and Engineering a mentorship program to support their professional and personal development.

The program is designed to provide students with the opportunity to gain insights from women with established careers, professional coaches and HR specialists and of course their peers. We are very fortunate to be able to offer this program with the generous support of Carleton University, the University of Ottawa and the NSERC Chair for Women in Science and Engineering (Ontario).

There are a limited number of spots available for students and selection for participation will be on a first come, first serve basis. Students are asked to commit to attending all sessions and donate \$20 as a voluntary investment in their own future.\*

Each session will be held in the evening from 6-8 pm. If you are interested in participating in this program please register at: <https://www.eventbrite.ca/e/mentor-stem-leaders-program-tickets-18531361802> or send your inquiries to [info@mentorstemleaders.com](mailto:info@mentorstemleaders.com).

### **Program Outline:**

#### **Session 1: “Lead Yourself and Lead in Community” (Sept 23, 2015 - Location TBD)**

The students will spend this session getting to know each other through a variety of interactive exercises. The program format and objectives will be introduced and participant input solicited to guide content delivery. Explanations of concepts – coach, mentor, mentee, developmental networks, and mentoring circles will be provided.

#### **Session 2: “WIL’ful Choices and WISE Transitions” (October 7, 2015 – Location TBD)**

This session will be delivered in a mentoring circles format. Senior professional women will be speaking and answering questions about their experience developing a career in STEM. The format will be intimate and give participants an opportunity to get to know the guest speakers and each other in groups of 6-8.

#### **Session 3: “WISE Guidance and WIL’ful Direction” (October 21, 2015 – Location TBD)**

This session will expose students to the experience of professional mentoring. A Certified Coach will provide students with the opportunity to ask those burning and practical questions about how they can prepare themselves to embark on their professional lives and navigate challenges and opportunities along the way. The session is focused on encouraging students to focus internally and develop the skills needed to guide themselves through their career choices with confidence and satisfaction.

**Facilitator:** Lisa J. Weiss (<http://iofthestormcoaching.com/>)

#### **Session 4: “WIL’ful Mentoring and WISE Advocacy” (November 4, 2015 – Location TBD)**



This session will be delivered in a peer mentoring format. It will focus on student sharing and ideation for excelling in STEM and for contributing to the evolution of an ecosystem that will support them and future generations to pursue their professional aspirations. The opportunity for students to express themselves, and learn from one another is fundamental to developing relevant networks for the present and future. A professional facilitator will help guide students in their discussions, and provide insights about how to advocate for oneself, ideas and change.

**Facilitator:** Jerie Shaw (<https://ca.linkedin.com/pub/jerie-shaw/81/2a8/677>)

### **Session 5: “WISE Conversations and WIL’ful Enterprise” (November 18, 2015 – Location TBD)**

This session will be delivered in a mentoring circles format. Guest mentors will be professional women, who are taking positive and concrete steps to design their futures. This session will introduce the option for students to engage in entrepreneurial endeavors and help each participant identify one initiative (beyond applying for a job) that they can take to make a difference for themselves and others as developing STEM Leaders. The format will be intimate and give participants an opportunity to get to know the guest speakers and each other in groups of 6-8.

### **Session 6: “Legacy Leadership” (January 20, 2016 – Location TBD)**

This is the time to celebrate what was learned, shared and gained from the program. Guidance for how students can continue to pursue mentoring opportunities while studying and working professionally will be offered. Most of all, participants will be taking the time to connect with the very special group of women who came together to become part of each other’s support networks during the program and for the future.

\*Student donations provide additional funding for Session 6 and for the overall management of the program. Students in the program will qualify for a registration fee discount for a Workshop to be offered in the Winter 2016 semester. The Workshop will cover resume writing, deconstructing job postings and preparing for interviews.

We wish to acknowledge and thank again the sponsors of this program:

